

Table 5 Magnitude of the burden of NCD risk factors based on their prevalence in the survey, overall and by sex

| NCD risk factor | Total | Males | Females |
|---------------------------------|-----------------------|----------------------|----------------------|
| Population ^a | 104.680 million | 53.596 million | 51.083 million |
| Tobacco use | 19.7% (20.6 million) | 35.6% (19.1 million) | 8.7% (4.4 million) |
| Low fruit/vegetable consumption | 96.5% (101.0 million) | 95.2% (51.0 million) | 97.4% (49.8 million) |
| Low level of physical activity | 46.1% (48.2 million) | 28.2% (15.1 million) | 58.6% (29.9 million) |
| Overweight | 26.3% (27.5 million) | 26.5% (14.2 million) | 26.2% (13.4 million) |
| Obese | 14.9% (15.6 million) | 12.1% (6.5 million) | 17.1% (8.7 million) |

^aPopulation of people aged ≥ 18 years.

NCD = noncommunicable disease.