Table 2 Characteristics of patients and caregivers with HEL and LEL

	HEL (n = 42)	LEL (n = 59)	P
Gender, male (%)	91	73	0.03
Age (SD), yr	52 (13)	61 (12)	< 0.001
Nationality, Saudi (%)	88	87	0.7
Mortality (%)	2	3	
Caregivers, HEL (%)	82	70.4	0.2
Ejection fraction (SD)	23 (8)	23 (10)	0.9
Mortality score (SD)	36 (6)	38 (8)	0.2
Readmission score (SD)	25 (3)	25 (8)	0.4
AICD/CRTD (%)	24	15	0.3
Atrial fibrillation (%)	10	5	0.4
Education booklet given (%)	64	37	0.007
Medications (%)			
Furosemide	81	92	0.1
β-Blockers	91	88	0.7
ACEI/ARB	60	75	0.1
Hydralazine	21	17	0.5
Nitrates	31	32	0.8
Spironolactone	64	55	0.3
Digoxin	10	3	0.2
Readmission (%)	19	18	0.95
1 readmission	4	6	
2 readmissions	1	2	
3 readmissions	3	3	
Heart function clinic attendance (22%)	(24%)	13 (21%)	0.75
Length of stay (SD), d	9 ± 6	8 ± 6	0.4

ACEI = angiotensin-converting enzyme inhibitor; AICD = automatic implantable cardioverter defibrillator; ARB = angiotensin receptor blocker; CRTD = cardiac resynchronisation therapy defibrillator; HEL = high education level; LEL = low education level; SD = standard deviation.