Table 1 Details of the search strategy

Database	Search terms	Yield
PubMed	"Mental health" AND "Depressive disorder" OR "Depression" AND "Anxiety" AND "Pregnancy" AND "Iran"	160
Elsevier	"Mental health" AND "Depressive disorder" OR "Depression" AND "Anxiety" AND "Pregnancy" AND "Iran"	547
Scopus	"Mental health" + "Depressive disorder" + "Depression" + "Anxiety" + "Pregnancy" + "Iran"	48
Scientific Information Databases (SID)	Mental health + Depression + Anxiety + Pregnancy + Iran	34
Iranian Biomedical Journal (Iran Medex)	Mental health + Depression + Anxiety + Pregnancy + Iran	165
Iranian Journal Database (Magiran)	Mental health + Depression + Anxiety + Pregnancy + Iran	128
Global Medical Discovery (GMD)	Mental health + Depression + Anxiety + Pregnancy + Iran	173