

Table 3 Frequency of family meals, parental presence at meals, and availability of fruits and vegetables at home

Variable	No.	%
Family meal frequency^a		
1-2 times	168	27.2
3-6 times	155	25.1
7 or more times	295	47.7
Parental presence at meal^b		
Never	77	12.5
1-2 times	85	13.8
3-6 times	126	20.4
Every day	330	53.4
Fruit and vegetable availability at home		
Never	10	1.6
Sometimes (irregularly)	48	7.8
Usually	123	19.9
Always	436	70.7
Fruit and vegetable availability at school		
Never	386	62.3
Sometimes (irregularly)	132	21.3
Usually	51	8.2
Always	49	7.9

^aNumber of times in the past 7 days all or most of the family living in the house ate a meal together.

^bNumber of times in the past 7 days when at least one of the parents was with the adolescent when they ate their main meal