

Table 3 Reported health problems in women experiencing postpartum depression four years after childbirth compared with non-depressed women

Variable	With postpartum depression (n = 204)	Without -postpartum depression (n = 467)	P-value*
	No. (%)	No. (%)	
Current depression based on EPDS			< 0.001
Yes (> 12)	78 (38.2)	61 (13.1)	
No (\leq 12)	126 (61.8)	406 (86.9)	
GHQ-28 scores			< 0.001
Unhealthy (> 21)	126 (61.8)	124 (26.6)	
Healthy (\leq 21)	78 (38.2)	343 (73.4)	
Chronic diseases			< 0.001
Yes	40 (19.6)	25 (5.4)	
No	164 (80.4)	442 (94.6)	
Acute diseases			< 0.001
Yes	76 (37.3)	71 (15.2)	
No	128 (62.7)	396 (84.1)	
Other mental health problems			< 0.001
Yes	32 (15.7)	13 (2.8)	
No	172 (84.3)	454 (97.2)	
Daily medication use			< 0.001
Yes	44 (21.6)	28 (6.0)	
No	160 (78.4)	439 (94.0)	
Life events from LERS			0.825
\geq 4	95 (46.6)	207 (44.3)	
2-3	64 (31.4)	148 (31.7)	
\leq 1	45 (22.1)	112 (24)	

*Chi-squared test.

EPDS = Edinburgh postnatal depression scale; GHQ = general health questionnaire; LERS = life event rating scale.