

Table 2 Distribution of types of complementary and alternative medicine (CAM) used by paediatric patients (n = 103) with hepatogastrointestinal diseases, Shiraz, 2013–2014

Type of CAM	Users (%) ^a
Natural products	
Herbal remedies	71.8
Swallowing raw fish	5.8
Other	5.2
Mind and body practices	
Spiritual therapy	35.9
Energy healing therapy	3.8
Wet cupping	2.9
Gem therapy	1.9
Other	2.9

^aPatients may use more than one type of CAM.