

**Table 1** Socio-demographic and socio-economic characteristics

<b>Factor</b>	<b>Mean <math>\pm</math> SD/ N (%)</b>
<b>Age</b>	49.23 $\pm$ 13.86 years
<b>Gender</b>	
Male	82 (24.3)
Female	255 (75.7)
Weight (kg)	71.31 $\pm$ 13.83
Height (m)	1.65 $\pm$ 0.07
BMI (kg/m <sup>2</sup> )	25.98 $\pm$ 4.36
<b>Region</b>	
Beirut	95 (28.2)
Mount Lebanon	201 (59.6)
North	10 (3)
South	31 (9.2)
<b>Education</b>	
Primary	14 (4.2)
Complementary	73 (21.7)
Secondary	103 (30.6)
University	123 (36.5)
Not Educated	24 (7.1)
<b>Employment status</b>	
Unemployed	120 (35.6)
Employee/Liberal	208 (61.7)
Retired	9 (2.7)
<b>Monthly income</b>	
Less than 1M	117 (34.7)
Between 1M and 2M	143 (42.4)
More than 2M	77 (22.8)
<b>Live alone</b>	
No	320 (95)
Yes	17 (5)
<b>Medical coverage</b>	
Cash payer	51 (15.1)
NSSF	141 (41.8)
Mutual fund of civil servants	37 (11)
Army	6 (1.8)
Security forces	4 (1.2)
Private Insurance	98 (29.1)