

Table 6 Correlations between quantitative variable and the adherence score.

Adherence score/ factor	Mean \pm SD	Correlation coefficient	P-value
Age	49.23 \pm 13.86	$r = 0.155$	0.004
Mean duration of hypothyroidism	9.71 \pm 7.52	$r = 0.144$	0.008
Number of medication taken	2.83 \pm 1.82	$r = 0.077$	0.158
Number of cigarettes per day	4.03 \pm 6.73	$r = -.007$	0.899
Number of waterpipe per week	0.46 \pm 1.11	$r = - 0.115$	0.035
Number of alcohol glasses per week	0.95 \pm 1.36	$r = - 0.227$	<0.001
Number of cups of coffee per day	2.84 \pm 2.04	$r = -.015$	0.786
Number of exercising times per week	0.78 \pm 1.38	$r = 0.058$	0.286
Number of sleeping hours per day	7.08 \pm 1.17	$r = 0.014$	0.794