

Table 1 Demographic and clinical data for the study participants, chronically ill patients in a tertiary care hospital in Saudi Arabia (n = 300)

Attribute	Value	
	Mean	SD
Age (years)	48.7	16.4
No of children	5.80	3.83
Family size	6.70	3.54
Years of education	8.07	6.23
	No.	%
Sex		
Male	154	51.3
Female	146	48.7
Nationality		
Saudi Arabian	255	85.0
Non-Saudi	45	15.0
Non-Saudi Arab	35	81.4
Non-Saudi non-Arab	8	18.6
Marital status		
Married	201	67.0
Single	57	19.0
Widowed	28	9.3
Divorced	14	4.7
Working status		
Currently employed	75	25
Unemployed	163	54.5
Retired	62	20.7
Retired ≤ 2 yrs	8	14.0
Retired > 2 yrs	49	86.0
Daily self-evaluation (range 0–10)		
0–3	6	2.0
4–6	126	42.1
7–10	167	55.9
Religiosity^a		
< 70	229	78
70–100	66	22
Hospitalized in the last 2 yrs		
Yes	196	65.3
No	104	34.7
Previous mechanical ventilation		
Yes	110	36.7
No	190	63.3
Visiting a relative intensive care		
Yes	159	53.2
No	141	46.8
Disease category		
Haemodialysis	104	34.7
Chronic liver disease	81	27
Advanced malignancy	73	24.3
Chronic respiratory disease	35	11.7
Other	7	2.3

^aVisual analogue scale (0 = not religious, 100 = very religious). SD = standard deviation.