

Table 1 Sociodemographics, occupational characteristics, cardiovascular diseases risk factors and workplace stress among bus drivers

Characteristics	Frequency	(%)
Age (years)		
< 30	68	29.1
30–49	143	61.1
≥ 50	23	9.8
Marital status		
Married	155	66.2
Single	26	11.1
Divorced/widowed	53	22.6
Educational achievement		
Low	143	61.1
Social conflicts		
No	124	53.0
Working duration as drivers (years)		
< 10	84	35.9
10–20	91	38.9
> 20	59	25.2
PDAR		
< 0.5	190	81.2
≥ 0.5	44	18.8
Number of work accidents in last 12 months		
None	67	28.6
1 or 2	87	37.2
3–5	80	34.2
Tobacco smoking		
Non-smokers	82	35.0
Body mass index		
Normal	90	38.5
Overweight	113	48.3
Obese	31	13.2
Blood pressure		
Normal	156	66.7
High	78	33.3
Blood sugar		
Normal	215	91.9
Hyperglycaemia	19	8.1
Portions of fruit/vegetables/day		
≥ 5	22	9.4
< 5	212	90.6
Physical exercise		
Yes	15	6.4
Stress score classification		
Handling well	39	16.7
Moderately well	155	66.2
Encountered problems	40	17.1

PDAR = professional driving duration and age ratio.