

Table 1 Methodological quality of studies included in the review (CASP systematic review checklist)

Item	Questions
Validity of the systematic review results	1. Is the systematic review focused on a clear question? 2. Were the authors looking for suitable articles? 3. Were important and relevant studies included in this study? 4. Did the authors assess the quality of articles adequately? 5. Are the results of the combined studies reasonable?
The results of the systematic review	6. What were the total results of the systematic review? 7. How much the results of the systematic review were accurate?
The applicability of the results for the local community	8. Whether the results of the included studies can be generalized to the study context? 9. Were all important outcomes considered? 10. Are the options due to the losses and costs worth enough?