

**Table 3 Dietary habits by smoking status in both healthy and those who suffer from smoking-related symptoms.**

Variable	Category	Suffer from smoking-related symptoms			Healthy		
		Smokers	Non-smokers	P-value	Smokers	Non-smokers	P-value
		N (%)	N (%)		N (%)	N (%)	
<b>Cold drinks</b>	< Once a month	78 (25.4)	55 (33.3)	<0.001	111 (17.2)	185 (21.4)	<0.001
	< Once a week	73 (23.8)	58 (35.2)		241 (37.4)	382 (44.2)	
	2-6 times a week	112 (36.5)	42 (25.5)		157 (24.4)	180 (20.8)	
	Daily	44 (14.3)	10 (6.1)		135 (21.0)	117 (13.5)	
	Total	307 (100)	165 (100)		644 (100)	864 (100)	
<b>Coffee</b>	< Once a month	42 (13.7)	64 (37.9)	<0.001	89 (13.9)	374 (43.6)	<0.001
	< Once a week	53 (17.3)	62 (36.7)		101 (15.8)	224 (26.1)	
	2-6 times a week	79 (25.7)	20 (11.8)		168 (26.2)	103 (12.0)	
	Daily	133 (43.3)	23 (13.6)		283 (44.1)	156 (18.2)	
	Total	307 (100)	169 (100)		641 (100)	857 (100)	
<b>Tea</b>	< Once a month	46 (15.1)	37 (22.2)	0.026	95 (14.9)	127 (14.6)	0.026
	< Once a week	68 (22.3)	49 (29.3)		154 (24.1)	258 (29.7)	
	2-6 times a week	94 (30.8)	37 (22.2)		149 (23.4)	214 (24.7)	
	Daily	97 (31.8)	44 (26.3)		240 (37.6)	269 (31.0)	
	Total	305 (100)	167 (100)		638 (100)	868 (100)	
<b>Energy drinks</b>	< Once a month	76 (24.8)	86 (52.1)	<0.001	211 (33.0)	567 (66.5)	<0.001
	< Once a week	72 (23.5)	38 (23.0)		178 (27.8)	161 (18.9)	
	2-6 times a week	98 (31.9)	32 (19.4)		117 (18.3)	59 (6.9)	
	Daily	61 (19.9)	9 (5.5)		134 (20.9)	65 (7.6)	
	Total	307 (100)	165 (100)		640 (100)	852 (100)	
<b>Dairy products</b>	< Once a month	163 (54.0)	75 (44.9)	0.09	332 (51.7)	342 (39.6)	<0.001
	< Once a week	75 (24.8)	40 (24.0)		151 (23.5)	251 (29.1)	
	2-6 times a week	32 (10.6)	23 (13.8)		88 (13.7)	156 (18.1)	
	Daily	32 (10.6)	29 (17.4)		71 (11.1)	114 (13.2)	
	Total	302 (100)	167 (100)		642 (100)	863 (100)	
<b>Fast food</b>	< Once a month	60 (19.7)	41 (24.3)	0.54	120 (18.9)	188 (21.7)	<0.001
	< Once a week	55 (18.0)	34 (20.1)		131 (20.6)	296 (34.2)	
	2-6 times a week	85 (27.9)	43 (25.4)		200 (31.4)	251 (29.0)	
	Daily	105 (34.4)	51 (30.2)		185 (29.1)	130 (15.0)	
	Total	305 (100)	169 (100)		636 (100)	865 (100)	