

Table 3 Teachers' confidence in teaching nutrition according to their main subject taught

Main subject taught	I understand nutrition concepts well enough to teach them to my students					I can do a good job teaching students what the food pyramid is					I can do a good job teaching students about reducing fat, sugar, and salt in their diet					I can do a good job teaching students about increasing fruits, vegetables, and grains in their diet				
	VC	C	NC	NAAC	Fisher exact test	VC	C	NC	NAAC	Fisher exact test	VC	C	NC	NAAC	Fisher exact test	VC	C	NC	NAAC	Fisher exact test
Biological sciences	4	19	14	2	18.7, P = 0.002	7	20	11	1	21.8, P < 0.001	13	25	1	0	34.1, P < 0.001	17	21	1	0	27.3, P < 0.001
Physical education	0	6	14	6		1	3	19	3		1	10	14	1		1	14	10	1	
Health education	1	12	2	0		2	9	4	0		3	12	0	0		4	11	0	0	

VC: very confident, C: confident, NC: not confident, NAAC: not at all confident.