Table 2 Sociodemographic characteristics of the selected sample and disease prevalence rates (n = 17 832 Lebanese)

Variables	n (%)
Mean age, years (SD)	35.9 (20.4)
Sex (n, %)	
Male	8937 (50.1%)
Female	8895 (49.9%)
Geographic distribution (n, %)	
Greater Beirut (urban/suburban)	4844 (27.2%)
Elsewhere (small towns/rural)	12 988 (72.8%)
Prevalence of selected diseases (95% CI)	
Diabetes	7.95 (7.55–8.35)
Hypertension	9.03 (8.61–9.45)
Hypercholesterolaemia	7.37 (6.99–7.75)

CI = confidence interval; SD = standard deviation.