

Table 1 Characteristics of smokers with ACS at baseline by treatment group (concluded)

Demographic variables	Group A	Group B	P
Occurrence of adverse effects of NRT, n (%)			
Allergic skin reaction	2 (7.1)	3 (10.3)	1
Withdrawal symptoms, n (%)			
None	21 (40.4)	14 (29.8)	
Nervousness	5 (9.6)	12 (25.5)	0.10
Others ^c	26 (50)	21 (44.7)	
Benefits of smoking cessation, n (%)			
Improvement of respiratory signs	28 (57.1)	30 (60)	
Increased appetite	10 (20.4)	11 (22)	0.99
Others ^d	7 (14.2)	8 (16)	

^aWearing nicotine patches on a regular basis.

^bWearing nicotine patches on an irregular basis.

^cHeadache, lack of concentration, insomnia, craving.

^dSleep quality improvement, enhancement of physical activity.

BMI = body mass index; CAD = coronary artery disease; CABG = coronary artery bypass grafting; CICU = cardiac intensive care unit; CVD = cardiovascular disease; CVRF = cardiovascular risk factor; FTNDS = Fagerstrom test for nicotine dependence score; NRT = nicotine replacement therapy; NSTEMI = non-ST segment-elevation myocardial infarction; PAOD = peripheral arterial occlusive disease; PCI = percutaneous coronary intervention; STEMI = ST segment-elevation myocardial infarction.