

Table 1 Distribution of the parents and patients with phenylketonuria according to demographic characteristics

| Variable | No. (%) (n = 240) |
|--|------------------------------|
| Parents | |
| Hospital | |
| Children's Medical Centre | 91 (37.9) |
| Mofid | 81 (33.8) |
| Aliasghar | 68 (28.3) |
| Age (years) | |
| ≤ 30 | 49 (20.4) |
| 31-40 | 121 (50.4) |
| 41-50 | 51 (21.3) |
| > 51 | 19 (7.9) |
| Relation to child | |
| Father | 108 (45.0) |
| Mother | 132 (55.0) |
| Marital status | |
| Married | 215 (89.6) |
| Divorced or widowed | 25 (10.4) |
| Education^a | |
| Illiterate | 3 (1.3) |
| Elementary school | 26 (11.2) |
| Middle school | 41 (17.7) |
| High school | 98 (42.2) |
| University | 64 (27.6) |
| Monthly household income^a (US\$) | |
| ≤ 295 | 104 (49.3) |
| 295-442.5 | 44 (20.8) |
| 442.5-590 | 19 (9) |
| > 590 | 44 (20.9) |
| Residence | |
| Tehran city | 122 (50.8) |
| Outside Tehran city | 118 (49.2) |
| Number of children in family with phenylketonuria | |
| 1 | 210 (90.5) |
| 2 | 21 (9.1) |
| 4 | 1 (0.4) |
| Employment^a | |
| Housewife | 113 (49.8) |
| Former employee | 45 (19.8) |
| Manual worker | 22 (9.7) |
| Other | 47 (20.7) |
| Patients | |
| Age (years) | |
| ≤ 1 | 36 (15.0) |
| 1-5 | 66 (27.5) |
| 6-10 | 65 (27.2) |
| 15-11 | 33 (13.8) |
| 16-20 | 19 (7.9) |
| > 20 | 21 (8.7) |