

Table 1 Comparison of life satisfaction scores and sociodemographic characteristics among noninstitutionalized older people in Tabriz (n = 1067)

Characteristic	Life satisfaction						P-value
	Dissatisfied		Satisfied		Total		
	No.	%	No.	%	No.	%	
Sex							
Male	289	56.2	225	43.8	514	48.0	0.01
Female	368	66.5	185	33.5	553	52.0	
Age (years)							
60-64	187	55.8	148	44.2	335	31.4	0.01
65-69	126	61.8	78	38.2	204	19.1	
70-74	118	59.6	80	40.4	198	18.6	
75-79	117	72.7	44	27.3	161	15.1	
80-84	68	63.0	40	37.0	108	10.1	
85-89	31	73.8	11	26.2	42	4.0	
90+	10	52.6	9	47.7	19	1.7	
Education level							
Illiterate	428	73.8	152	26.2	580	54.3	< 0.001
Primary	161	55.7	128	44.3	289	27.1	
Secondary	45	34.6	85	65.4	130	12.2	
Higher	23	33.8	45	66.2	68	6.4	
Place of birth							
Village	376	68.1	176	31.9	552	52.0	< 0.001
Town	281	54.6	234	45.4	515	48.0	
Marital status							
Married	434	56.7	332	43.3	766	71.8	< 0.001
Divorced	18	81.8	4	18.2	22	2.1	
Widowed	205	73.5	74	26.5	279	26.1	
Family structure							
Living alone	90	73.8	32	26.2	122	11.4	0.007
Nuclear	184	57.5	136	42.5	320	30.0	
Extended	383	61.3	242	38.7	625	58.6	
Walking (daily)							
Does not walk	195	73.0	72	27.0	267	25.4	0.001
< 15 minutes	192	66.2	98	33.8	290	27.6	
15-30 minutes	148	52.9	132	47.1	280	26.6	
≥ 60 minutes	109	50.9	105	49.1	214	20.4	
Perceived social support							
Very low	33	100.0	0	0.0	33	3.1	0.001
Low	155	82.0	34	18.0	189	17.7	
Average	38	65.5	20	34.5	58	5.4	
Much	335	57.0	253	43.0	588	55.2	
Very much	95	48.0	103	52.0	198	18.6	

*This includes 7 people who were never married. Since the numbers were so low, the 2 groups were merged