Table 3 Baseline characteristics of the 11 participants

	Mean	SD
Age (yr)	23.7	2.4
Weight (kg)	85.6	10.6
Height (m)	1.80	0.04
BMI (kg/m^2)	26.2	2.4
Fasting serum glucose (mg/dl)	95.0	7.8
Fasting serum insulin (µU/ml)	5.23	2.18
HOMA-IR	1.23	0.54
Fasting serum triglycerides (mg/dl)	92.5	29.4
Fasting serum phosphate (mg/dl)	3.76	0.53
Fasting serum potassium (mg/dl)	4.74	0.38
Fasting serum magnesium (mg/dl)	1.95	0.21

Results are expressed as mean and standard deviation (SD). BMI = body mass index; HOMA-IR = homeostatic model assessment of insulin resistance.