

**Table 1 Mean cardiovascular disease (CVD) risk per cent and prevalence of high CVD risk (> 20%) by age group and sex**

Age groups (years) by sex	Mean CVD risk % (95% CI)	Prevalence (95% CI) of high CVD risk (> 20%)
<b>Male</b>		
45-49	14.1 (13.0-15.1)	19.3 (14.9-23.7)
50-54	17.5 (16.5-18.4)	28.7 (24.6-32.9)
55-59	23.5 (22.3-24.7)	49.5 (45.2-53.8)
60-64	29.5 (28.0-31.0)	68.1 (63.5-72.7)
65-69	35.7 (33.6-37.9)	83.8 (79.1-88.5)
Total	23.3 (22.6-24.0)	47.8 (45.3-50.2)
<b>Female</b>		
45-49	5.9 (5.6-6.2)	1.0 (0.2-1.9)
50-54	8.9 (8.4-9.4)	7.0 (5.2-8.7)
55-59	12.8 (12.1-13.6)	16.2 (13.4-18.9)
60-64	15.7 (14.9-16.6)	26.1 (22.1-30.1)
65-69	21.2 (19.5-22.9)	43.4 (37.4-49.4)
Total	11.6 (11.3-12.0)	14.9 (13.5-16.3)
<b>Total sample</b>		
45-49	8.6 (8.1-9.1)	7.0 (5.3-8.6)
50-54	12.3 (11.8-12.8)	15.6 (13.5-17.6)
55-59	17.4 (16.6-18.1)	30.4 (27.7-33.1)
60-64	22.0 (21.1-23.0)	45.3 (42.1-48.5)
65-69	27.9 (26.4-29.4)	62.1 (57.8-66.3)
Total	16.4 (16.0-16.8)	28.3 (27.1-29.6)

CI: confidence interval.