Table 3 KIDMED index scores among children in the two age-related subgroups

Variable	Elementary school students (n = 288)	High-school students (n = 163)	P-value
KIDMED index score, mean (SD)	5.2 (2.6)	4.7 (2.8)	0.066
Diet adherence, no. (%)			0.179
Low (≤ 3)	77 (26.7)	53 (32.5)	
Moderate (4–7)	150 (52.1)	82 (50.3)	
High (≥ 8)	61 (21.2)	28 (17.2)	

SD= standard deviation.