

Table 3 Differences in severity of psychological parameters among men and women in the sample

Category & severity	Total (n = 114)	Men (n = 61)	Women (n = 53)	P-value
	No (%)	No. (%)	No. (%)	
PHQ-9, depression symptoms				
Normal	64 (56.1)	34 (55.7)	30 (56.6)	0.128
Mild	38 (33.3)	24 (39.8)	14 (26.4)	
Moderate	6 (5.3)	2 (3.3)	4 (7.5)	
Severe	6 (5.3)	1 (1.6)	5 (9.4)	
GAD-7, anxiety symptoms				
Normal	71 (62.3)	33 (54.1)	38 (71.7)	0.018*
Mild	28 (24.6)	22 (36.1)	6 (11.3)	
Moderate	11 (9.6)	5 (8.2)	6 (11.3)	
Severe	4 (3.5)	1 (1.6)	3 (2.6)	
ISI, insomnia symptoms				
Absent	64 (56.1)	35 (57.4)	29 (54.7)	0.913
Subthreshold	32 (28.1)	17 (27.9)	15 (28.3)	
Moderate	15 (13.2)	8 (13.1)	7 (13.2)	
Severe	3 (2.6)	1 (1.6)	2 (3.8)	
Criteria for adjustment disorder met				
Yes	77 (67.5)	42 (68.9)	35 (66.0)	0.842
No	37 (32.5)	19 (31.1)	18 (34.0)	
Criteria for acute stress disorder met				
Yes	4 (3.5)	1 (1.6)	3 (5.8)	0.332
No	109 (96.5)	60 (98.4)	49 (94.2)	

PHQ-9 = 9-item Patient Health Questionnaire.

GAD-7 = 7-item Generalized Anxiety Disorder.

ISI = 7-item Insomnia Severity Index.

*P-value < 0.05.