

Table 5 Distribution of countries of the WHO Eastern Mediterranean Region (EMR) according to complete and partial disruption of mental, neurological and substance use (MNS)-related services/interventions during COVID-19 pandemic (June–July 2020)

Approach	Country group (% of countries)				
	Group 1	Group 2	Group 3	FCS	EMR
Home or community outreach services	16.7	22.2	40.0	40.0	25.0
Recruitment of additional counsellors	33.3	22.2	40.0	20.0	30.0
Triaging to identify priorities	83.3	22.2	-	20.0	35.0
Task shifting/role delegation	66.7	33.3	40.0	20.0	45.0
Health care providers working in COVID-19 treatment centres trained in basic psychosocial skills	33.3	44.4	80.0	80.0	50.0
Novel supply chain and/or dispensing approaches	100	44.4	20.0	20.0	55.0
Implementation of specific infection prevention control (IPC) measures	66.7	66.7	60.0	80.0	65.0
Self-help or digital format	83.3	55.6	60.0	60.0	65.0
Redirection of patients to alternate health care facilities or discharge to their homes/families	100	55.6	60.0	80.0	70.0
Telemedicine/teletherapy	83.3	77.8	80.0	80.0	80.0
Helplines established for MHPSS	100	88.9	60.0	60.0	85.0

Group 1: Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and United Arab Emirates.

Group 2: Egypt, Islamic Republic of Iran, Iraq, Jordan, Lebanon, Libya, Morocco, Tunisia and West Bank and Gaza Strip.

Group 3: Afghanistan, Pakistan, Somalia, Sudan and Yemen.

FCS (fragile and conflict-affected states): Iraq, Libya, Somalia, Sudan and Yemen.

EMR= all EMR countries except Djibouti and Syrian Arab Republic.

MHPSS = mental health and psychosocial support.