

Table 2 Zarit scores and score groups for caregiving parents of children in paediatric palliative, Izmir, 2020–2021

Zarit category	No. (%)	Median Zarit score (IQR)
Mild	19 (27.5)	54.0 (20.0)
Moderate	20 (29.0)	
Severe	30 (43.5)	

IQR = interquartile range.