

Table 1 Assessments of articles included in the review

Author, year	Abstract and title	Introduction and aims	Method and data	Sampling	Data analysis	Ethics and bias	Results	Transferability generalizability	Implications usefulness	Total	Average	Grade
Moghadam et al. (2019)	4	3	3	2	2	2	3	2	3	24	2.7	Fair
Alawneh et al. (2021)	3	2	3	2	3	3	4	2	3	25	2.8	Fair
Şahin et al. (2017)	3	3	3	2	4	2	4	3	3	25	2.8	Fair
Tayeb et al. (2010)	3	3	4	2	4	1	3	3	3	26	2.9	Fair
Gurdoğan et al. 2020)	3	4	3	2	3	4	4	3	2	28	3.1	Good
Razban et al. (2016)	4	2	4	4	3	3	4	3	3	30	3.3	Good
Duyan et al. (2016)	2	4	4	3	4	2	4	4	4	31	3.4	Good
Ceyhan et al. (2018)	2	4	4	4	3	4	4	3	3	31	3.4	Good
Iranmanesh et al. (2011)	3	4	4	4	4	2	4	4	3	32	3.5	Good
Hammami et al. (2015)	4	4	4	4	4	2	4	3	3	32	3.5	Good
Estebansari et al. (2017)	4	3	4	4	2	4	4	4	4	33	3.7	Good
Duru Aşiret et al. (2020)	3	4	3	3	4	4	4	4	4	33	3.7	Good
Demir et al. (2017)	4	4	4	4	4	4	4	3	3	34	3.8	Good
Moslemi et al. (2020)	4	4	4	4	4	3	4	3	4	34	3.8	Good
Total	3.2	3.4	3.6	3.1	3.4	2.8	3.8	3.1	3.2	31	3.4	Good