

Table 4 Clinical manifestations of COVID-19 infection among healthcare workers (n = 140) during the acute phase and follow-up period, Jordan, 2022

Symptom	During acute phase	After 1 month	After 3 months	After 6 months	After 12 months
	No. (%)	No. (%)	No. (%)	No. (%)	No. (%)
Shortness of breath	77 (55.0)	26 (18.6)	8 (5.7)	4 (2.9)	2 (1.4)
Tiredness or fatigue	103 (73.6)	52 (37.1)	26 (18.6)	14 (10.0)	11(7.9)
Post-exertional malaise	77 (55.0)	33 (23.6)	19 (13.6)	8(5.7)	5 (3.6)
Difficulty thinking or concentrating (brain fog)	59 (42.1)	34 (24.3)	24 (17.1)	12 (8.6)	9 (6.4)
Cough	84 (60.0)	25 (17.9)	4 (2.9)	3 (2.1)	1 (0.7)
Chest pain	54 (38.6)	12 (8.6)	5 (3.6)	1 (0.7)	1 (0.7)
Headache	100 (71.4)	20 (14.3)	10 (7.1)	3 (2.1)	5 (3.6)
Palpitations	32 (22.9)	8 (5.7)	2 (1.4)	2 (1.4)	0 (0.0)
Joint or muscle pain	103 (73.6)	35 (25.0)	25 (17.9)	15 (10.7)	11 (7.9)
Numbness	26 (18.6)	6 (4.3)	5 (3.6)	2 (1.4)	2 (1.4)
Diarrhoea	42 (30.0)	3 (2.1)	0 (0.0)	0 (0.0)	0 (0.0)
Sleep problems	52 (37.1)	12 (8.6)	4 (2.9)	4 (2.9)	4 (2.9)
Fever	89 (63.6)	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Dizziness	56 (40.0)	8 (5.7)	2 (1.4)	1(0.7)	1 (0.7)
Skin rash	13 (9.3)	3 (2.1)	0 (0.0)	0 (0.0)	0 (0.0)
Mood changes ^a	69 (58.4)	19 (13.6)	12(8.6)	8 (5.7)	5 (3.6)
Loss of smell	48 (34.3)	26 (18.6)	14 (10.0)	8 (5.7)	7 (5.0)
Loss of taste	80 (57.1)	22 (15.7)	9 (6.4)	3 (2.1)	2 (1.4)

^aMood changes: anxiety and depression.