

**Table 1 Quartiles of body mass index (BMI) and waist to hip ratio (WHR) for different age groups**

Age group (years)	Men							Women						
	n	BMI quartile (kg/m <sup>2</sup> )			WHR quartile			n	BMI quartile (kg/m <sup>2</sup> )			WHR quartile		
		25th	50th	75th	25th	50th	75th		25th	50th	75th	25th	50th	75th
20–29	33	20	23	26	0.80	0.85	0.88	66	20	22	25	0.71	0.74	0.80
30–39	66	23	26	28	0.86	0.89	0.92	67	22	25	28	0.76	0.80	0.86
40–49	81	23	25	28	0.88	0.92	0.96	47	25	28	32	0.78	0.85	0.90
≥ 50	64	24	25	28	0.90	0.94	1.0	39	26	29**	32	0.84	0.90*	0.94

\* $P < 0.05$ .

\*\* $P < 0.01$  compared to 20–29 years age group.