

**Table 1 Knowledge about menarche and social conventions in their house among adolescent girls in Anand district, Gujarat**

<b>Item</b>	<b>% of respondents</b>
<i>Had been informed about menarche before its onset</i> (n = 763)	
Yes	62.7
No	37.2
<i>Source of information about menarche</i> (n = 486)	
Mother	60.7
Older sister	15.8
Teacher	6.0
Friend	13.6
Other	3.9
<i>First person informed about menarche</i> (n = 763)	
Mother	76.1
Older sister	13.4
Friend	6.9
Teacher	1.8
Other	1.5
<i>Society reaction to menarche</i> (n = 762)	
Social ceremony/ritual	43.7
Isolation from prayer/ household activities	36.2
Food restrictions	4.6
Other	15.5

n = number of respondents to each question.