

Table 1 Demographic profile of the study group of patients with diabetes attending a primary care clinic at Moratuwa district hospital

Variable	No. of patients	% (n = 150)
Age (years)		
< 40	15	10.0
40–60	71	47.3
> 60	64	42.6
Sex		
Male	15	10.0
Female	135	90.0
Education level		
Illiterate	12	8.0
Primary	64	42.7
Secondary	74	49.3
Occupation		
Employed	9	6.0
Not employed	141	94.0
Marital status		
Single	6	4.0
Married	144	96.0
Income per month (Rs)		
< 5000	47	31.3
5000–10 000	78	52.0
10 000–25 000	23	15.3
> 25 000	2	1.3
Own income		
Have an own income	9	6.0
No own income (dependant)	141	94.0
Family		
Living alone	14	9.3
Living with family	136	90.6