

**Table 6 Independent predictors of depression among elderly people in Al-Dakhliyah governorate, Oman**

Independent predictors	Adjusted OR	95% CI	P-value
<b>Age (years)</b>			
60–	1.00	–	
70–	1.63	1.12–2.36	0.011
≥ 80	1.75	1.02–2.98	0.041
<b>Socioeconomic status</b>			
No social risk	1.00	–	
Presence of social risk	3.45	2.33–5.12	< 0.001
<b>ADL</b>			
Independent	1.00	–	
Dependent (probable/actual)	2.08	1.40–3.10	< 0.001
<b>IADL</b>			
Independent	1.00	–	
Dependent	1.47	0.99–2.18	0.054
<b>Perception of health</b>			
Good/very good	1.00	–	
As peers of same age	1.36	0.91–2.04	0.131
Poor	2.09	1.16–3.76	0.014
Uncertain	0.65	0.17–2.51	0.535
<b>Joints</b>			
No problems	1.00	–	
Problems present	1.41	0.99–2.02	0.056
<b>Mobility, gait &amp; balance</b>			
Unaffected	1.00	–	
Affected	1.48	1.01–2.16	0.044

Nagelkerke  $R^2 = 0.195$ .

ADL = activities of daily living; IADL = instrumental activities of daily living; OR = odds ratio; CI = confidence