



AFGHANISTAN SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2018

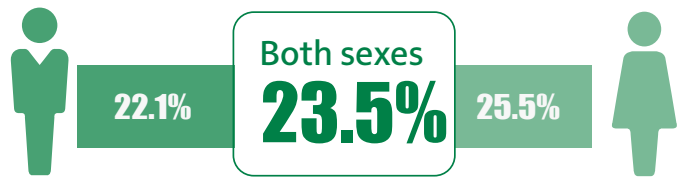
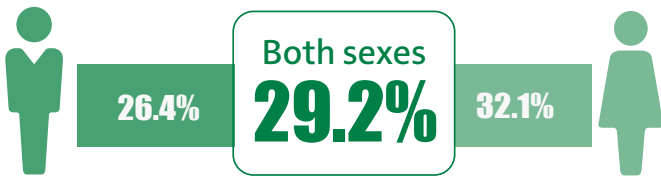
Cardiovascular disease (CVD) risk

Adults 40–69 with a 10-year CVD risk \geq 30%, or with existing CVD



Raised BP (SBP \geq 140 and/or DBP \geq 90 mmHg) who are currently on medication for raised BP

Raised BP (SBP \geq 140 and/or DBP \geq 90 mmHg) who are not currently on medication for raised BP



Raised total cholesterol (\geq 190 mg/dl) who are currently on medication for raised cholesterol



OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.



World Health Organization

REGIONAL OFFICE FOR THE Eastern Mediterranean