



EGYPT SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2017

Combined risk factors



Current daily smokers



Overweight (BMI ≥ 25 kg/m²)



Less than 5 servings of fruits and vegetables per day



Raised BP (SBP ≥ 140 and/or DBP ≥ 90 mmHg or currently on medication for raised BP)



Insufficient physical activity

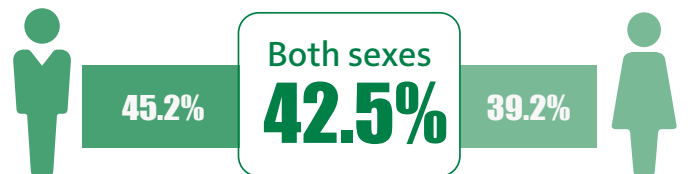
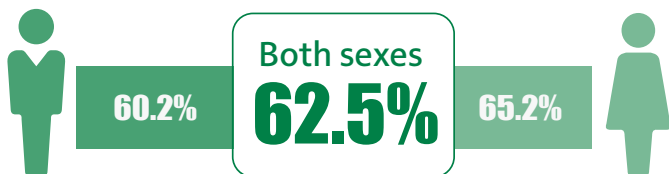
None of the above risk factors

Adults aged 18-44 with three or more of the above risk factors



Adults aged 45-69 with three or more of the above risk factors

Adults aged 18-69 with three or more of the above risk factors



OUR TARGET

A **30%** relative reduction in premature mortality from noncommunicable diseases by 2030.



World Health Organization

REGIONAL OFFICE FOR THE Eastern Mediterranean