



JORDAN SURVEY OF NONCOMMUNICABLE DISEASE RISK FACTORS 2019 (JORDANIANS ONLY)

Diabetes and overweight/obesity

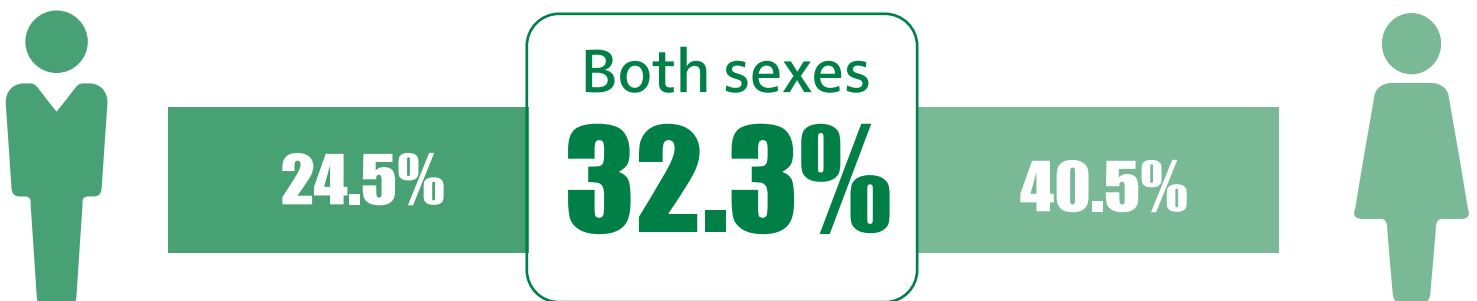
**Raised fasting blood glucose or currently on medication for raised blood glucose
(plasma venous value ≥ 126 mg/dl)**



Overweight (BMI ≥ 25 kg/m²)



Obese (BMI ≥ 30 kg/m²)



OUR TARGET

A **30%** relative reduction
in premature mortality from
noncommunicable diseases
by 2030.



**World Health
Organization**

REGIONAL OFFICE FOR THE **Eastern Mediterranean**